

# Trinity Christian School

440 Saint Peter Street Indianapolis, In 46201

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www.tcssaints.org



## TRINITY CHRISTIAN SCHOOL (TCS) STUDENT-ATHLETE COVENANT

### PHILOSOPHY

Interscholastic athletics supplement and support the academic mission of the school system and assist student-athletes in their growth and development. Athletics assists in promoting the importance of teamwork, effort, goals, and commitment. Interscholastic athletics is highly competitive, but winning is not the primary measure of success. Sportsmanship, respect for participants, and dignity in the face of adversity are more important than the outcome of the contest. All athletes do not perform at the same level, but all can demonstrate effort, dedication, and fair play.

In striving for excellence in all aspects of life, TCS aims for a level of athletic performance that will produce winning seasons and the opportunity to compete. However, it is understood that success will be based not on winning but character development. Our mission will maintain that athletes be students first, and that they benefit from TCS's academic provisions and make progress toward a degree.

TCS is committed to the physical and emotional well-being of student-athletes and to the development of the entire person. Many demands are placed on student-athletes, and we are committed to providing support to help them manage these demands and get the most out of their academic and athletic experience. Student-athletes are expected to adhere to a level of conduct that represents themselves and TCS well, and uphold the values of citizenship, service, and Christ.

### SPORTSMANSHIP

An important mission of the interscholastic athletics program is to teach and reinforce values relating to sportsmanship, competition, and fair play. It is expected that team personnel, parents, and spectators respect this mission by exhibiting appropriate behavior at athletic events.

### ASSUMPTION OF RISK

Participation in interscholastic athletic activities often includes intense competition and poses the potential for serious, catastrophic, or life-threatening injury. Participants and parents are urged to consider that there are inherent risks and hazards associated with athletic participation. Risks vary from sport-to-sport and can occur under direct supervision and with use of proper safety equipment.

### COMMUNICATION WITH COACHES

Parents should not attempt to address coaches immediately after games and practices. Coaches have many post-game/practice responsibilities, including supervision of players. Also, the post-game/practice period is often emotionally charged, and not conducive to productive discussion. If a parent feels a need to communicate a concern, the parent should contact the coach and/or athletic director to arrange a later meeting.

### CHRISTIAN CONDUCT

At games, both players and fans are to demonstrate a Christian attitude and demeanor. Please set an example of sportsmanship and respect for your student-athlete to follow. Do not yell or disrespect the other team or officials. Doing this will jeopardize your child's place on the team. It will not be allowed. This is a zero tolerance policy by the school.

## GENERAL DISCIPLINE POLICIES AND PROCEDURES

The rules, policies, and procedures addressed in the Athletic Handbook does not cover every possible infraction. Any infractions not listed will be covered by TCS Policy and/or TCS Discipline Policy and Procedures. Consequences for athletes not adhering to any rule, policy, or procedure will be at the discretion of the principal.

## ILLEGAL SUBSTANCES/ALCOHOL/TOBACCO/STEROIDS/CONTROLLED SUBSTANCES

All student-athletes at TCS are expected to refrain from the use of all tobacco products, drugs, and alcohol, both at school and during non-school times. Parents are responsible to oversee and monitor their student-athlete's behavior while off school grounds and are expected to take appropriate, decisive action to identify and prevent non-prescribed use of these substances by their student-athlete.

TCS staff, including sponsors, coaches, and administrators are charged with the task of alerting student-athletes to the harmful effects of tobacco products, drugs, and alcohol and to take corrective action upon verification of student-athlete use of these items. The commitment to tobacco-free, drug-free, and alcohol-free behavior is especially important for those student-athletes who represent TCS in any school sponsored extracurricular activity. The reputation of our school and the ultimate safety and welfare of our student-athletes are jeopardized if the commitment is broken.

## HAZING

Hazing is prohibited at all times. Hazing involves any act that subjects teammates to mental or physical discomfort, embarrassment, harassment, or ridicule. In some instances, hazing constitutes a criminal act. Hazing may lead to immediate dismissal from a team.

## PERSONAL WEBPAGES AND BLOGS

Personal webpages and blogs are considered an extension of how you represent yourself. Pictures and/or information included on such sites will be considered the truth. Any student-athlete who has this information or acts/speaks in a derogatory way on personal webpages or blogs will held to the same standards as if acting in person.

## ACTIVITY PROBATION

At the discretion of the principal, an athlete may be placed on athletic probation in lieu of or in addition to other penalties when an athlete is involved in a significant breach of the general policies of the Athletic Handbook. If a second breach of general policy occurs within one calendar year of being placed on athletic probation, the athlete will be suspended from participation in the TCS athletic program for a length of time to be determined by the principal.

## SCHEDULE AND GAME DAY PLAN

The schedule will be handed out before the season begins. Student-athletes are responsible for communicating this information with their parents/guardians. The TCS coaching staff will not discuss any issues concerning game strategy/style of play with any parents/guardians. In addition, the TCS coaching staff will not discuss any playing-time issues with any parents/guardians. Playing time as it the discretion of the coach. No amount of paying time is guaranteed.

Student-athletes must attend all of their scheduled classes in order to participate in a practice or contest on that day. If the principal or designee grants an excused absence in advance for a prescheduled activity, or an unforeseen emergency, the student-athlete may participate on that day. If during the season a student-athlete has an unexcused absence, he/she may not compete in the next contest after the violation has been verified. A student-athlete may not participate when he/she is serving an in-school or out-of-school suspension. The student-athlete becomes eligible to participate on the next school day following the suspension. In addition to other infractions, a student-athlete may be suspended or removed from a team for unexcused absences or chronic tardiness to classes or team practices.

## PRACTICE POLICY

Practices are mandatory. If the student-athlete fails to be at practice the day before a game without excuse accepted by Indiana Department of Education, the student-athlete will not play. Excessive absences will result in removal from the team. Practices are scheduled according to availability of coaches and gym times. The head coach will be in communication as to these practice times. Practices are closed to everyone except coaching staff and players. Players must come to practice dressed appropriately, with proper attire and equipment.

## INJURY POLICY

It's the player's responsibility to notify the head coach of any injuries immediately. Typical (non-emergency) injuries will be seen and treated. For serious injuries requiring professional treatment, injured players are expected to follow their scheduled athletic treatment on a daily basis. Limited practice options might be available for such cases.

## UNIFORM POLICY

All uniforms are school's property and will be checked out with the signatures of both student-athlete and parents/guardians. Any missing or damaged uniform items will have to be paid in full at the time of its return date. Uniform items must not be worn at practice sessions. Student-athletes are prohibited to let others wear/borrow uniform items at any time for any reason.

## LOCKER ROOM/FIELD HOUSE POLICY

Always pick up after yourself in the locker room/field house. No horseplay of any form at any time. Keep the voice level down. Secure and place all of your personal belongings in your locker at all times or find a secure place to store your personal belongings. Do not bring any large amount of cash with you or expensive jewelry in the locker room. **TCS WILL NOT BE RESPONSIBLE FOR ANY MISSING ITEMS.**

## GAME TRAVELING POLICY

All players will need to provide transportation. When possible, TCS will try to provide transportation by bus to the game, but this is not always possible. Appropriate bus conduct is expected at all times. Any players who might be serving game suspension will not travel with the team. If the bus is the means of transportation, a "post-game release" form must be fully completed and turned in to the coach prior to the team's departure if a parent/guardian prefers to take his/her son home directly after the game. Players will only be released to their parents/guardians (Not uncles, not aunts, not cousins, not grandparents, not family friend, etc).

## 15-MINUTE RULE

Players must leave campus/picked up from campus 15 minutes after practice ends or upon arrival from the games. Parents please communicate in advance with the head coach if this is going to be a problem. Repeated offenses will lead to suspensions and possible financial charges.

## REFUND AND DISMISSAL POLICY

There will be no refunds given for any money paid (Ex: Athletic insurance, class fee, etc) for any reason, including but not limited to: quitting the team, transferring to another school, getting dismissed from the team and/or program due to violation of student-athlete contract. In this case, re-entry to the program will be decided by the head coach and athletic director and will be based on the student-athlete's progress toward the problem(s) that led to his original dismissal from the program.

## LETTER JACKET & AWARDS POLICY

Student-athletes must play in a minimum of one varsity game in order to be eligible to receive a varsity letter. Student-athletes must be in "good standing" status in the program at the time. If for any reason the student-athlete is not in "good standing" status with the program (Ex: missing uniform items), the athlete will NOT receive a varsity letter.

## ACADEMIC ELIGIBILITY REQUIREMENTS

Student-athletes must achieve a minimum 2.0 grade point average for the most recently completed marking period, with no more than one failing grade. Academic eligibility is determined on the date report cards are issued, and remains until the next report card is issued. A student-athlete who withdraws from a course after 25 days, receives a failing grade, and receives one or more failing grade(s) in another course(s) will be ineligible for the next marking period. Student-athletes who are 19 years old, or older, as of August 31 of the current school year are ineligible.

## TCS SPORTS CONSENT FORM AND LIABILITY RELEASE

*Parent and Student-Athlete:* Review this contract carefully (front and back), complete information as requested, affix signatures, and return the completed contract/permission form to the school. Student-athletes and their parents must sign the TCS SPORTS CONSENT FORM AND LIABILITY RELEASE form.

I/We, the parent(s)/guardian(s) of the below named, are aware of the risks and hazards inherent with physical activity and exertion. I/We, the parent(s)/guardian(s) of the below named, assume all risks and hazards incidental to such participation including transportation to and from the activities. I/We, the parent(s)/guardian(s) of the below named, do hereby waive, release, absolve, indemnify, and agree to hold harmless TCS, the organizers, sponsors, supervisors, volunteers, and participants for any claim arising out of an injury to myself/my child. This includes any injury or death that may result while transporting myself/my child to and from activities, whether the result of negligence or for any other cause. In consideration of the acceptance of our child by TCS in its athletic and extracurricular programs and activities, and the benefits derived by our child from participation, I/we agree to release and hold harmless TCS, its members, the Superintendent of Schools, the principal, all coaches, and any and all other of their agents, servants, and/or employees and agree to indemnify each of them from any claims, costs, suits, actions, judgment, and expenses arising from our child's participation in interscholastic athletics.

As in exposure to any individual or group physical activity there is an inherent risk of injury. Risks of participation in the TCS sponsored sporting events are minimal. However, injury can occur and include but are not limited to: abrasions, contusions, lacerations, sprains, strains, fractures, head trauma, heat stroke, myocardial infarct, and sudden death. I/We, the parent(s)/guardian(s) of the below named, understand there is potential for serious, catastrophic, or life-threatening injury associated with participation in a sport. I/We, the parent(s)/guardian(s) of the below named, affirm that the student-athlete will not participate in hazing at any time, of any nature.

I/We, the parent(s)/guardian(s) of the below named, understand that TCS has a commitment to a drug free student-athlete body. To maintain this commitment, all participants in the sports program must consent to random, blanket, and/or on request drug testing performed by school personnel. A parent signature below will authorize this. This is a requirement for all student-athletes in grades five through twelve. I/We, the parent(s)/guardian(s) of the below named, affirm that the student-athlete will not use steroids, illegal drugs, alcohol, and tobacco unless medically prescribed for a specific condition or illness.

I/We, the parent(s)/guardian(s) of the below named, consent to the use of video and photographic imaging of TCS activities in which I/my child participates. I/We, the parent(s)/guardian(s) of the below named, understand that some TCS activities may include video and/or photographic recordings. The images are to be under the exclusive ownership of TCS and are used only for

educational and marketing purposes as they relate to TCS. I/We, the parent(s)/guardian(s) of the below named, understand that there is no compensation for the generated images.

I/We, the parent(s)/guardian(s) of the below named, understand the eligibility regulations required for participation. I/We affirm that the student-athlete has satisfied all of the eligibility requirements, including age, and academics. I/We, the parent(s)/guardian(s) of the below named, understand that participation of ineligible players will result in individual and team sanctions, including forfeits for the team. I/We, the parent(s)/guardian(s) of the below named, affirm that the student-athlete will abide by all team and participation standards. I/We, the parent(s)/guardian(s) of the below named, affirm that the student-athlete will exert effort to maintain a high level of academic achievement. I/We, the parent(s)/guardian(s) of the below named, as a participant or spectator, will exhibit a high level of sportsmanship at contests. I/We will follow appropriate procedures in communicating concerns to coaches.

I/We, the parent(s)/guardian(s) of the below named, hereby give our consent and authorize TCS and its agents, servants, and/or employees to consent on our behalf and on behalf of our child, to emergency medical care and treatment in the event we are unable to be notified by reasonable attempts of the need for such emergency medical care and treatment. I/we, the parent(s)/guardian(s) of the below named, agree that the student-athlete shall be covered by a policy (family or individual) which will pay expenses and no claim will be made on the school.

#### PERMISSION TO PARTICIPATE

I/We, the parent(s)/guardian(s) of the below named, hereby give my consent to participate in any and all extracurricular and inter scholastic sports activities conducted by Trinity Christian School (TCS). I/We, the parent(s)/guardian(s) of the below named, hereby authorize and consent to our child's participation in interscholastic athletics and sports. We understand that the sport(s) in which our child will be participating is potentially dangerous, and that physical injuries may occur to our child requiring emergency medical care and treatment. I/We, the parent(s)/guardian(s) of the below named, assume the risk of injury to our child that may occur in an athletic activity. I/We, the parent(s)/guardian(s) of the below named, agree to all items in this covenant and agreement.

#### REMINDER

1. All participants are required to have a valid annual medical evaluation.
2. Student-athletes selected for a team must pay the TCS extracurricular activities fee. Student-athletes may not participate in contests until they have paid the activities fee. The fee to participate in sports is a flat \$20.00. In addition to this, each player/team is expected to participate in one sports fundraiser. We do not wish for any student-athlete to not participate due to a lack of finances. Please see Jeramie Carroll personally if you need to defer payment or are having difficulty in making payments. We want all students to be able to participate.

Participant Signature: \_\_\_\_\_

Date: \_\_\_\_\_

DOB: \_\_\_\_\_

Grade: \_\_\_\_\_

Parent Signature: \_\_\_\_\_

Date: \_\_\_\_\_